NEWS RELEASE

MetLife CEO and CFO to Speak at the J.P. Morgan Financials Conference

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NEW YORK--(BUSINESS WIRE)-- MetLife, Inc. (NYSE: MET) today announced that Michel Khalaf, president and chief executive officer, and John McCallion, executive vice president and chief financial officer, and head of MetLife Investment Management, will participate in a fireside chat at the J.P. Morgan Financials Conference in London on Thursday, Nov. 19, 2026, from 10:00 to 10:40 am ET / 3:00 to 3:40 pm GMT.

The live webcast can be listened to **by clicking here**. Please visit the link at least 15 minutes in advance to allow time to register or sign in.

If you miss the remarks, you can access a replay at the above link, which will be available from Nov. 19, 2026 until Nov. 26, 2026 at 11:59 pm ET / Nov. 27, 2026 at 4:59 am GMT.

About MetLife

MetLife, Inc. (NYSE: MET), through its subsidiaries and affiliates ("MetLife"), is one of the world's leading financial services companies, providing insurance, annuities, employee benefits and asset management to help individual and institutional customers build a more confident future. Founded in 1868, MetLife has operations in more than 40 markets globally and holds leading positions in the United States, Asia, Latin America, Europe and the Middle East. For more information, visit **www.metlife.com**.

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