



NEWS RELEASE

MetLife Increases Common Stock Dividend by 4.4%

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NEW YORK--(BUSINESS WIRE)-- MetLife, Inc. (NYSE: MET) today announced that its board of directors has declared a second quarter 2026 common stock dividend of \$0.5925 per share, an increase of 4.4% from the first quarter common stock dividend of \$0.5675 per share. MetLife has increased its common stock quarterly dividend at an 8.1% compound annual growth rate since 2011.

The dividend will be payable on June 9, 2026, to shareholders of record as of May 12, 2026.

"We are pleased to increase our common stock dividend by 4.4%," said MetLife President and Chief Executive Officer Michel Khalaf. "This reflects MetLife's durable earnings power, disciplined capital management, and our commitment – and ability – to deliver for our shareholders across cycles."

About MetLife

MetLife, Inc. (NYSE: MET), through its subsidiaries and affiliates ("MetLife"), is one of the world's leading financial services companies, providing insurance, annuities, employee benefits and asset management to help individual and institutional customers build a more confident future. Founded in 1868, MetLife has operations in more than 40 markets globally and holds leading positions in the United States, Asia, Latin America, Europe and the Middle East. For more information, visit www.metlife.com.

Forward-Looking Statements

The forward-looking statements in this news release, using words such as "durable" and "will," are based on assumptions and expectations that involve risks and uncertainties, including the "Risk Factors" MetLife, Inc. describes in its U.S. Securities and Exchange Commission filings. MetLife's future results could differ, and it does not undertake any obligation to publicly correct or update any of these statements.

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