



NEWS RELEASE

MetLife to Announce Third Quarter 2026 Results

2026-10-07

NEW YORK--(BUSINESS WIRE)-- MetLife, Inc. (NYSE: MET) will release its third quarter 2026 financial results on Wednesday, November 4, 2026, after the market closes. The earnings news release, financial supplement and related materials will be posted on MetLife's Investor Relations webpage at investor.metlife.com.

MetLife will hold its third quarter 2026 earnings conference call on Thursday, November 5, 2026, from 9-10 a.m. (ET) via a live webcast. Please click on the following link to register: <https://events.q4inc.com/attendee/435085807>. A replay of the webcast will be available at investor.metlife.com for seven days following the call.

About MetLife

MetLife, Inc. (NYSE: MET), through its subsidiaries and affiliates ("MetLife"), is one of the world's leading financial services companies, providing insurance, annuities, employee benefits and asset management to help individual and institutional customers build a more confident future. Founded in 1868, MetLife has operations in more than 40 markets globally and holds leading positions in the United States, Asia, Latin America, Europe and the Middle East. For more information, visit www.metlife.com.

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Source: MetLife, Inc.