



NEWS RELEASE

MetLife to Hold Conference Call for Third Quarter 2025 Results

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NEW YORK--(BUSINESS WIRE)-- MetLife, Inc. (NYSE: MET) today announced that it will hold its third quarter 2025 earnings conference call and audio webcast on Thursday, November 6, 2025, from 9-10 a.m. (ET). The call will follow MetLife's issuance of its third quarter 2025 earnings news release and Third Quarter 2025 Financial Supplement on Wednesday, November 5, 2025, after the market closes. The news release and Third Quarter 2025 Financial Supplement will also be available on the MetLife Investor Relations webpage (<https://investor.metlife.com>).

The conference call will be available live via the internet. To listen to the conference call, click the following link to register (<https://events.q4inc.com/attendee/817838289>).

The conference call will be available for replay via telephone and the internet beginning at 11:00 a.m. (ET) on Thursday, November 6, 2025, until Thursday, November 13, 2025, at 11:59 p.m. (ET). To listen to a replay of the conference call via telephone, dial 800-770-2030 (U.S.) or 647-362-9199 (outside the U.S.). The Conference ID for the replay is 17886 followed by the # key. To access the replay of the conference call via the internet, visit the MetLife Investor Relations webpage (<https://investor.metlife.com>).

About MetLife

MetLife, Inc. (NYSE: MET), through its subsidiaries and affiliates ("MetLife"), is one of the world's leading financial services companies, providing insurance, annuities, employee benefits and asset management to help individual and institutional customers build a more confident future. Founded in 1868, MetLife has operations in more than 40 markets globally and holds leading positions in the United States, Asia, Latin America, Europe and the Middle East. For more information, visit www.metlife.com.

For Media:

Jane Slusark

347-989-5477

Jane.Slusark@metlife.com

For Investors:

John Hall

212-578-7888

John.A.Hall@metlife.com

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