



NEWS RELEASE

MetLife to Present New Frontier Strategy at December 12 Investor Day

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NEW YORK--(BUSINESS WIRE)-- MetLife, Inc. (NYSE: MET) will hold an Investor Day in New York City on Thursday, December 12, 2024, at 8:30 a.m. (ET), where members of MetLife's executive leadership team and other senior leaders will present the company's New Frontier strategy.

The Investor Day and accompanying presentation materials will include statements relating to the company's business, operations, and financial results as well as certain projections regarding the company's future performance.

A live webcast of the event, along with the presentation materials, will be available at (<http://www.metlife.com/InvestorDay2024>). Those who want to access Investor Day should go to the web page at least 15 minutes prior to the event to register.

At the same website, a replay of the Investor Day will be available beginning shortly after the event ends on Thursday, December 12, 2024.

About MetLife

MetLife, Inc. (NYSE: MET), through its subsidiaries and affiliates ("MetLife"), is one of the world's leading financial services companies, providing insurance, annuities, employee benefits and asset management to help individual and institutional customers build a more confident future. Founded in 1868, MetLife has operations in more than 40 markets globally and holds leading positions in the United States, Asia, Latin America, Europe and the Middle East. For more information, visit www.metlife.com.

For Media :

Dave Franecki

973-264-7465

Dave.Franecki@metlife.com

For Investors :

John Hall

212-578-7888

John.A.Hall@metlife.com

Source: MetLife, Inc.