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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549**

**FORM 6-K**

**REPORT OF FOREIGN PRIVATE ISSUER  
PURSUANT TO RULE 13a-16 OR 15d-16  
UNDER THE SECURITIES EXCHANGE ACT OF 1934**

**For the month of July 2026**

**Commission File Number: 001-41737**

**Lifezone Metals Limited**

**2nd Floor, St George's Court, Upper Church Street  
Douglas, Isle of Man, IM1 1EE  
(Address of principal executive office)**

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F ☒

Form 40-F ☐

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On July 29, 2026, Lifezone Metals Limited (“**Lifezone Metals**” or the “**Company**”) announced the financial results for the six months ended June 30, 2026. A copy of that Press Release is furnished as Exhibit 99.1 to this report on Form 6-K.

A copy of Lifezone Metals Unaudited Consolidated Interim Financial Statements as of June 30, 2026 are attached in Exhibit 99.2 to this report on Form 6-K. Exhibit 99.2 also includes management’s discussion and analysis of financial conditions and results of the Company’s operations for the six months ended June 30, 2026.

The information in the attached Exhibits 99.2 shall be deemed to be incorporated by reference into the Company’s registration statements on Form F-3 (File Nos. [333-272865](#) and [333-281189](#) and [333-289809](#)) and Form S-8 (File No. [333-274449](#)) and the related prospectuses, respectively as such registration statements and prospectuses may be amended from time to time, and to be a part thereof from the date on which this report is filed, to the extent not superseded by documents or reports subsequently filed or furnished.

The information in the attached Exhibit 99.1 is being furnished and shall not be deemed “filed” for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the “**Exchange Act**”), or otherwise subject to the liabilities of that section, nor shall it be deemed incorporated by reference in any filing made by the Company under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

## EXHIBIT INDEX

| Exhibit | Description of Exhibit                                                                                                     |
|---------|----------------------------------------------------------------------------------------------------------------------------|
| 99.1    | <a href="#">Press Release titled “Lifezone Metals Announces H1 2026 Interim Financial Results.”</a>                        |
| 99.2    | <a href="#">Lifezone Metals Unaudited Consolidated Interim Financial Statements for the six months ended June 30 2026.</a> |

## **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

### **LIFEZONE METALS LIMITED**

Date: July 29, 2026

By: /s/ Ingo Hofmaier

Name: Ingo Hofmaier

Title: Chief Financial Officer