

For One Week Only, BJ's Restaurant & Brewhouse Is Dishing Its Enlightened Entrees For Only \$9.95!

January 10, 2019

For those looking to keep their New Year, New You resolutions, BJ's has expanded its EnLIGHTened Entrees® menu bringing the flavor without the sacrifice

HUNTINGTON BEACH, Calif., Jan. 10, 2019 /PRNewswire/ -- January 17 is 'National Ditch Your Resolution Day,' but BJ's Restaurants, Inc. believes you should keep them, so they're making it a little easier for people to follow through with their resolutions by making their EnLIGHTened Entrees only \$9.95 for an entire week, valid only with the downloadable coupon found here: www.enlightenedentrees.com.



RESTAURANT BREWHOUSE

To support people who need a little nudge to keep their resolutions going, this offer is valid from Thursday, Jan. 10, through Thursday, Jan. 17, for dine in only on BJ's EnLIGHTened Entrees®. BJ's guests can download an exclusive [coupon](#) to enjoy \$9.95 EnLIGHTened Entrées.

As part of its new 'Road to EnLIGHTenment' campaign, BJ's is reassuring people that living their best life doesn't have to be hard. In fact, they're making it absurdly easy with the debut of items like its zucchini noodles, known as Zoodles, which are the perfect plant-based, low-calorie alternative to pasta noodles.

"At BJ's Restaurant & Brewhouse, our guests expect variety and are looking for a wide range of menu options," said Greg Trojan, Chief Executive Officer of BJ's Restaurants, Inc. "As consumers start to consider new food choices in the new year, we've decided to expand our EnLIGHTened Entrees menu and cut the price for a week, giving customers an opportunity to try a new dish or fuel up on a current EnLIGHTened menu favorite."

Known for its extensive selections, BJ's EnLIGHTened Entrees® menu has something for every everyone, including a range of new guilt-free dishes such as **Lemon Herb Chicken & Asparagus Zucchini Noodles**, **Blackened Chicken Zucchini Noodles**, **Grilled Chicken Antipasto Salad**, **Moroccan Chicken**, as well as current fan favorites like its **Peruvian Quinoa Bowl with Shrimp**, **Cherry Chipotle Glazed Salmon**, **Seared Ahi Salad** and **Lemon Thyme Chicken**.

About BJ's Restaurants, Inc.

BJ's Restaurants, Inc. (NASDAQ: BJRI) currently owns and operates 202 casual dining restaurants under the BJ's Restaurant & Brewhouse®, BJ's Restaurant & Brewery®, BJ's Pizza & Grill® and BJ's Grill® brand names. BJ's Restaurants offer an innovative and broad menu ranging from award-winning, signature deep dish pizza to BJ's EnLIGHTened Entrees® menu and slow-roasted entrees like prime rib. In addition, these offerings are complemented with generously portioned salads, appetizers, sandwiches, soups, pastas, entrees and desserts, including the world-famous Pizookie® dessert. Quality, flavor, value, moderate prices and sincere service remain distinct attributes of the BJ's experience. All restaurants feature BJ's critically acclaimed proprietary craft beers, which are produced at several of the Company's Restaurant & Brewery locations, its two brewpubs in Texas and by independent third-party craft brewers. The Company's restaurants are located in the 27 states of Alabama, Arizona, Arkansas, California, Colorado, Florida, Indiana, Kansas, Kentucky, Louisiana, Maryland, Michigan, Nevada, New Jersey, New Mexico, New York, North Carolina, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Virginia and Washington. Visit BJ's Restaurants, Inc. on the web at <http://www.bjsrestaurants.com> for locations and additional information.

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