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IQVIA and Duke Clinical Research Institute announce strategic collaboration to advance clinical research in obesity and related conditions

RESEARCH TRIANGLE PARK, N.C. – February 10, 2026 – IQVIA (NYSE: IQV), a leading global provider of clinical research services, commercial insights and healthcare intelligence to the life sciences and healthcare industries, and the Duke Clinical Research Institute (DCRI), one of the world’s largest academic clinical research organizations with extensive experience designing and operationally executing large, complex multi-center clinical trials, are pleased to announce their new collaboration to enhance the conduct of clinical research in obesity and related cardiometabolic trials.

With the combined strength of two best-in-class organizations, this collaboration accelerates even the most sophisticated clinical programs and ensures coordinated, end-to-end support to sponsors, regulators, payers, patients and the broader medical community. By establishing the full operational framework up front, from governance to data flow to site-level execution, IQVIA and DCRI are able to quickly establish momentum on clinical trials with active support for a successful submission and beyond.

“By combining IQVIA’s operational excellence and global reach with DCRI’s academic rigor, we are setting a new standard for prospective collaboration between life science service companies and academic research organizations to accelerate clinical trial planning and delivery in obesity and related therapeutic areas,” said Dr. Jeffrey Spaeder, chief medical and scientific officer, IQVIA. “Uniting our combined clinical strength and complementary capabilities enables us to maximize trial efficiency, accelerate timelines and ultimately bring impactful therapies to patients faster.”

With more than 120 obesity trials conducted and more than 90,000 patients enrolled, IQVIA has supported clinical development, including operations, labs and patient support, for every FDA-approved GLP-1 therapy to date. This experience gives sponsors entering obesity and metabolic research a proven foundation. The collaboration between IQVIA and DCRI is poised to drive meaningful improvements in patient care and set new benchmarks for both operational and scientific excellence in clinical research.

“DCRI’s proven infrastructure for trial operations — including site activation, patient pre-screening, enrollment, retention and study management — along with our deep expertise in cardiometabolic and renal disease, enables us to design and execute trials that are both scientifically robust and operationally agile,” said Dr. Adrian Hernandez, executive director, DCRI. “Together with IQVIA, whose global scale and technology capabilities and AI enable efficient execution, we are expanding access to diverse patient populations and ensuring that our studies deliver meaningful results for sponsors, regulators, and most importantly, patients.”

Additional benefits of this strategic collaboration include:

- Expanded access to representative patient populations across 56 countries and more than 3,000 sites.
- Extended impact of thought leadership beyond immediate stakeholders bolstered by the involvement of DCRI clinical and data science and biostatistics faculty in presenting results.
- Leveraging of DCRI's track record of pioneering research in GLP-1 receptor agonists and SGLT2 inhibitors, as well as IQVIA's advanced analytics, electronic health records and real-world data in trial design and execution.

About IQVIA

IQVIA (NYSE:IQV) is a leading global provider of clinical research services, commercial insights and healthcare intelligence to the life sciences and healthcare industries. IQVIA's portfolio of solutions are powered by IQVIA Connected Intelligence™ to deliver actionable insights and services built on high-quality health data, Healthcare-grade AI®, advanced analytics, the latest technologies and extensive domain expertise. IQVIA is committed to using AI responsibly, with AI-powered capabilities built on best-in-class approaches to privacy, regulatory compliance and patient safety, and delivering AI to the high standards of trust, scalability and precision demanded by the industry. With approximately 93,000 employees in over 100 countries, including experts in healthcare, life sciences, data science, technology and operational excellence, IQVIA is dedicated to accelerating the development and commercialization of innovative medical treatments to help improve patient outcomes and population health worldwide.

IQVIA is a global leader in protecting individual patient privacy. The company uses a wide variety of privacy-enhancing technologies and safeguards to protect individual privacy while generating and analyzing information on a scale that helps healthcare stakeholders identify disease patterns and correlate with the precise treatment path and therapy needed for better outcomes. IQVIA's insights and execution capabilities help biotech, medical device and pharmaceutical companies, medical researchers, government agencies, payers and other healthcare stakeholders tap into a deeper understanding of diseases, human behaviors and scientific advances in an effort to advance their path toward cures. To learn more, visit www.iqvia.com.

About the Duke Clinical Research Institute (DCRI)

The DCRI, part of the Duke University School of Medicine, is the largest academic clinical research organization in the world. Our mission is to develop, share, and implement knowledge that improves global health through innovative clinical research. The institute conducts multinational clinical trials, manages major national patient registries, and performs landmark outcomes research. The DCRI is a pioneer in cardiovascular and pediatric clinical research and conducts groundbreaking clinical research across multiple other therapeutic areas, including infectious disease, neuroscience, respiratory medicine, and nephrology. To learn more, visit dcri.org.

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